In order to prevent the spread of the coronavirus, our government implements new restrictions.

Since November 7th 2020 till at least November 29th:

- **limiting the functioning of shopping malls/shopping centers** (but service points, shops with groceries, cosmetics, toilet articles, medical and pharmaceutical articles, renovation and construction articles, articles for animals, newspapers **remain open**),
- other trade: shops up to 100 m² 1 person / 10 m², shops over 100 m² 1 person / 15 m²,
- churches: 1 person / 15 m²,
- hotels only business travels,
- cultural institutions: theaters, cinemas, museums, art galleries, community centers, music centers **are closed**.
- all classes at primary and high schools **distance learning** (no stationary classes possible).

Please be reminded that following restrictions also remain in force till November 29th:

- children up to 16 years of age cannot move outside alone between 8 AM and 4 PM Monday-Friday without adults (parents),
- limit of the number of people in public transport only 50% of seats may be occupied or 30% of all available places may be taken,
- swimming pools, aqua parks and gyms are closed;
- sporting events without audience,
- suspension of stationary activities of eateries and restaurants (only take-out or delivery service is allowed),
- limiting public gatherings to max. 5 people
- it is forbidden to organize meetings and events
- limiting the movement of people 70+ (except for professional duties and meeting the necessary needs of everyday life).

Keep **DDM** – distance, disinfection, masks and airing.

Today, 04.11.2020: 24692 new confirmed infections in Poland.

Polish citizens are also advised by Polish Government to install "STOP COVID - ProteGO Safe application". It is freeware application. English version available.

 $More\ info\ (PL): \ \underline{https://www.gov.pl/web/koronawirus/regionalne-obostrzenia-dla-wybranych-powiatow}$